

Blender & ZBrush Mini Course Designed By Ethan Minnich

Module 1 Goals:

- ❖ Learn the basics of Modeling
- ❖ Model a Car
- ❖ Model Dice

Scene Setup *How you change from object mode to edit mode (Tab) Key*

Basic Tools *You will learn how to move, rotate, scale and other tools like extrude.

Viewport *Main Window you will use this to look around your object.

Scene Collection *Shows all the objects in your viewport*

Properties Editor *Allows more edit properties, work with different modifiers*

In a 3D Canvas there are three axes

- ❖ The X axis is the **red line**.
- ❖ The Y axis is the **green line**.
- ❖ The Z axis is the **blue line**.

Zoom: Scroll wheel OR CTRL middle mouse button

Rotate: Click and hold the mouse wheel and drag the mouse around.

Pan: Hold Shift and click the middle mouse button and drag the mouse around.

An **orthographic view** is a flat view from one singular direction, removing any perspective that would normally happen when you look at something. Press Numpad 1-9 to switch between the two or click the y-x-z at the top.

Basic Tools:

Object Mode is the mode where you can add meshes to your scene and use the basic move, scale, and rotate tools to place the mesh where you want. You can use TAB to switch between Edit Mode and Object Mode.

- ❖ **Move:** to drag or move your primitive to a new location of the scene.
- ❖ **Rotate:** to spin an object around in a new position.
- ❖ **Scale:** to make an object bigger or smaller.

HotKeys: G-Move, R-Rotate, S-Scale

Shortcut Pop-Up: Hold down the SHIFT key and press the Spacebar.

Create Primitive:

Click Add Button > Mesh > Cube

HotKey: Shift-A

Delete an Object: Go into object mode select object then select delete.

Viewport Shading: In the top-right corner of your viewport, you should see 4 circles that will change this.

HotKey: Z

- ❖ **Wireframe:** Only the frame of the object will appear, and you can see through your object.
- ❖ **Solid:**The object is solid and shadows might be applied.
- ❖ **Material Preview:** The object will be shaded with different colors and images.
- ❖ **Rendered:** The object will be fully textured and respond to lighting.

Parts of a Primitive:

Go into edit mode

Vertex: The vertex is a single point where edges meet together. 1 Key

Edge: The edges are the lines connecting two faces. 2 Key

Face: The Face is a flat plane of the shape created using edges. 3 Key

Manipulate vertex, edges, face in edit mode.

Multi-Select: Hold Shift key and you can select multiple primitives

De-select: Drag Select and Hold Ctrl To de-select

Select Multiple Primitives: Hold Alt and Click the edge or face.

Model a Car

Edit Tools

Loop Cut tool will create a new edge (along with faces and vertices) that loops entirely or partially around the mesh of your model.

Switch to edit mode > Left side of viewport click loop cut

Once you make your loopcut you can go to *Loop Cuts and Slide*, open that menu and you can add more cuts

Hotkey: Ctrl R *Use mousewheel to add more or less*

Extrude tool allows you to create new geometry from your existing mesh. Every face can be extruded on a shape and moved, scaled, or rotated to create a new shape.

Switch to edit mode > Select a face > Left side of viewport click Extrude

Once you start extruding you can go to *Extrude Region and Move* to put precise numbers.

Hotkey: Select your face then press E move mouse forward or backwards

Inset tool is used when you want to create an inserted depth of a shape or face.

This is mainly used with the extrusion tool to make coffee tables or other objects that need depth.

Hotkey: Select your face then press I and drag the mouse inwards.

Properties Editor

- The Properties Editor allows you to see the details of your manipulations for the primitive you have selected. This includes movement, rotation and scale.
- **Yellow Box** shows the object properties in your scene.
- With this selected you can make adjustments to your object in the scene with precise numbers.
- **Subdivisions** is when something large or complex is split or separated into smaller equal parts called Subdivisions.
- Add a UV Sphere and click the box at the bottom left corner and change the segments to 8. You just subdivided a Sphere!

Model a Dice:

Export from Blender

We will be sending these objects to a slicing software, this software is used to 3D print the object.

Export:

- ❖ **Select the entire object.**
- ❖ **Select File > Export > Wavefront (.obj).**
- ❖ **Name and save the file into your student folder.**
- ❖ **Click Export Wavefront OBJ.**

After you have saved this Import into Flashprint-MP

- ❖ **Open Flashprint-MP.**
- ❖ **Select the Load button on the top of your software.**
- ❖ **Find your student folder and select your dice OBJ file.**
- ❖ **File > Save Project.**
- ❖ **Navigate to your Student folder on the desktop.**
- ❖ **Type a name for the file (such as "DicePrint") and click Save.**

Module 2 Goals:

- ❖ Learn about 3D printers parts
- ❖ Learn about layered printing
- ❖ Preparing the printer
- ❖ Printing first object
- ❖ Learn about NGons
- ❖ Model a miniature character
- ❖ Export the character

3D Printer Basics

When you 3D print, the 3D printer creates a three-dimensional object out of a digital file, also known as additive manufacturing. The process is done by creating an object one layer at a time.

3D Printers are made up of a few basic pieces:

- ❖ Build Platform: The build platform is where the print starts. The first layer is placed on the build platform, with each layer built on top of it.
- ❖ Filament: Filament is the substance used to create the layers being printed. Think of filament as the ink in a standard printer. Typically filament is plastic, but it can be made of different materials.
- ❖ Extruder: The printer feeds melted plastic through an extruder, which pushes the filament through a tube into the nozzle. The extruder is known as "the cold end" where it feeds the filament from your filament wheel to the nozzle, the hot end.
- ❖ Nozzle: The end of the tube attached to the extruder where the filament comes out is called the nozzle. The nozzle will heat to temperatures over 200 degrees!

Never touch the nozzle *VERY HOT* *DUST CAN CLOG NOZZLE*

You'll use specialized software designed for 3D printers to take a 3D model and break it into sliced layers. This new sliced object is then saved to a file the printers can read. This is called the Slicing software.

How do 3D Printers print?

3D printers create objects one layer, or slice, at a time. The extruder starts at the bottom of the model and works its way to the top. It will only move to a new layer once the one before it has finished.

It isn't possible to print an object hanging in the air. For example, if you're printing a person with their arms and head extended like in the image below, the printer wouldn't be able to start at the hands because there isn't anything underneath them.

Overhangs are parts of the model that go past the safe angle to be printed. Most printers can print at a tolerance of 50 degrees. This means if there's an area steeper than 45 degrees, there is a probability of failure.

Supports can be used to bridge the gap between layers. You can use supports to enable the printing of "floating" parts such as hands.

Notice that there are two different types of supports: Standard or Tree Supports.

Linear supports create straight lines to and from the bed. Sometimes you can work with linear supports on top of the model to hold up more parts.

Treelike supports are most commonly used. These are branched-out linear supports that can support hard-to-reach areas of your mode.

Basic Settings

You learned previously how printers can print with multiple materials. The printer material you'll use is called PLA, a corn-based plastic material that comes in many different colors!

Always set to PLA

Raft or Brim

A **raft** is a horizontal grid or platform that is located underneath your entire 3D print. This means the print is printing directly from the raft instead of directly on the print bed.

Rafts are helpful when you are struggling with a fairly high failure rate print.

A **brim** is a horizontal grid that is located only on the edges of your model. This means your 3D model will print directly onto the bed and have an extended flat edge on the sides to hold it down.

Brim is important to help adhere the object to the bed if you notice your model popping off mid print.

Dice Setup

1. Clicking the Load button at the top of Flashprint import your Dice model or drag and drop.
2. Always click Yes to setting 3D models on the platform and repairing.
3. Using the Scale tool change the size between 15-20mm on X, Y, and Z.
4. Use the Rotate tool to set one face facedown with the least details.
For this, we will lay the 1 side down.
5. Print to Printer

[Intro to N-Gons](#)

Quad is short for quadrilateral, which is a four-sided shape. Every object in Blender consists of numerous polygons that make up the object in 3D space, most of which are quadrilaterals.

If you create a polygon primitive, most of these objects consist of quads. Whenever possible, you should create and model your objects in quads. When you use a quad shape, you can curve the quads to make almost any shape imaginable. This includes curves or sphere like shapes! Using other types of shapes such as triangles or trapezoids can cause points to pinch or dent in your shape.

N-gons are polygons with more than four sides. They can be cause dents or odd shapes to your models.

Knife Tool

You'll use the Knife tool to fix geometry. The Knife tool cuts an edge manually along an object. Unlike using the Loop Cut tool, the Knife tool doesn't wrap around the entire object.

Hotkey: K

Fix Geometry

Modeling something complex could be like a giant puzzle. N-gons can be tricky to find in some cases, but think about different shapes that a four-sided object can make. Not all rectangles have 90-degree corners!

Look at some of these examples to notice that they're all quads:

[Character Design](#)

Now that you have created your first printable it is time to let the 3D printer work its magic while you can continue to 3D model. In this lesson you will learn how to design your character using a template and bring this image into Blender as a reference.

- ❖ Using markers or pencils draw on the character template to create your masterpiece.
- ❖ Here are a couple of examples of what you can design:
 - Add arms

- Add a hat
- Add clothes

Add the reference Image:

1. Make sure your reference image is located in your Student Folder.
2. Open up Blender and start a new project by selecting File > New > General.
3. Delete the cube in the center of your screen.
4. In Object Mode select Add > Image > Reference. A new window will pop up, find your student folder and select the character template you uploaded.

Properties editor reference

1. Select your reference image and look at the Properties Editor on the right of Blender. Change the values below under Rotation as shown below.
2. Now change the Location X, Y, and Z values as shown below.
3. Now that your template is placed and ready to go you will save your project! Select File > Save As > and rename it Character.blend under your Student Folder.

[Character Base Mesh](#)

See Game Plan

[Character Details](#)

See Game Plan

[Print the Character](#)

Export an OBJ

1. Open your Character project and select File > Export > wavefront (.obj).
2. Rename it "CharacterExport", and save it in your student folder.
3. Open Flashprint-MP and select the blue Load button.
4. Find your Character project in your student folder and select Open.

5. Select Yes and Repair model if asked to lay flat and repair your character.

Module 3 Goals:

- ❖ Learn about N-Gons in modeling
- ❖ Model a Sword directly from reference
- ❖ Learn how to make your own reference
- ❖ Model a Ring
- ❖ Print multiple rings for sizing

Bunch of optional lessons ask the class what other things they want to model within the optional lessons: Treasure Chest, KeyChain, or Learn how to draw references.

Creating a Sword

Modeling Sword Details

Printing the Sword

Model a Diamond Ring

Sizing and Printing

Module 4 Goals:

- ❖ Learn about sculpting brushes
- ❖ Learn how to export your sculpt
- ❖ Create a final model.
- ❖ Use the Inspiration Generator lesson to help inspire students who don't know what to make!

Intro to Tablet Sculpting

3D Sculpting focuses on using techniques similar to clay sculpture to create models on the computer, where 3D Modeling uses techniques like extrusions, edge loops and moving vertices.

Open Zbrush

- ❖ Open Zbrush Core Mini from the Start menu.
- ❖ Click the X button in the top right corner of the small popup window to close it.

Interface Basics

Open project: Click the folder icon pointing DOWN to open a saved project

Save Project: Click the open folder UP icon to save your current project.

Brush Menu: The left sidebar lists all of the different brushes available to use to sculpt your masterpiece! You'll learn more about what these do later.

Create New Mesh: Start over with a sphere or a textured cube.

Symmetry Switch: If you want both sides of your mesh to be affected by your edits, you can turn on the symmetry mode.

Draw Size: This slider allows you to change the size of your brush.

Z-Intensity: This slider lets you set how much the brush affects your object. If you want it to be a subtle change, pull the intensity down. If you want to make a large change, pull the intensity up.

Poly Size: Low, Med and High buttons allow you to change how many individual faces are on your mesh.

Printer Export: The icon that looks like a little printer box will allow you to export your mesh to a .obj just like Blender!

Settings Toolbar: These are more advanced settings, for now, don't worry about them.

Navigating in Zbrush is similar to Blender, but since you're using a tablet, it might feel different than before.

- ❖ **Pan:** hold down the ALT key, tap the screen and drag, outside of the mesh.
- ❖ **Rotate:** click and drag on the screen, outside of the mesh.
- ❖ **Zoom:** hold down the Ctrl key, tap the screen and drag, outside of the mesh.

Make a Face

- ❖ **Use the Standard brush to create a smiley face on the front of your sphere.**
- ❖ **Rotate to the back of your sphere and sculpt a sad face.**

Saving

- ❖ **Click the folder with the up arrow icon.**
- ❖ **Change the file type to .zpr**
- ❖ **Type your save file name, such as "SmileFace", and click Save.**

Sculpting Brushes

Size and Intensity

As you work your way through this lesson, it's important to remember that the size and intensity of the brushes will affect how they look and perform on your mesh.

You can always tell the size of your brush by hovering over the screen: you'll see two circles. The sharper inner circle is your brush size when you

are drawing soft, the larger circle is the size when you are drawing with harder pressure on the tablet.

- ❖ Use the Draw Size slider to change the size of your brush.
- ❖ Use the Z Intensity slider to change the strength of your brush.

Standard Brush

- ❖ As you tested out previously, the first brush in your toolbelt is the Standard brush. It adds a small bit of 'clay' to your mesh.
- ❖ If you hold down the Alt button and then sculpt, it will dig into your mesh instead of add to it! **All of the brushes you will learn in this lesson will do the opposite version of it's normal form when used with the Alt key.**

Clay Buildup

- ❖ The next brush in your arsenal is the Clay Buildup brush. This brush adds a bit of texture to your clay, but also builds up like the Standard brush.
- ❖ The important difference is that this brush is a rough, square-edged brush, where the standard brush is a soft, round brush.

Inflate

- ❖ The next brush is Inflate, and it will slowly "blow-up your mesh" like a balloon! Or deflate it, when the Alt key is held when used.
- ❖ As you try new brushes throughout this lesson, you'll continue making new spheres to test with. Don't save any of these test spheres, you're just using them to learn on right now.

Pinch

- ❖ The following brush is called Pinch, and it will give you a pronounced extrusion of your sculpt, where the Alt button version will dig into your mesh with a tight groove.

Move

- ❖ The next brush is Move and it is probably one of the most frequently used brushes to help you block out your sculpt.

- ❖ When you use the Move brush, click and drag it away from the mesh to create a pulled extension of the area you selected. You can keep using the Move brush to create all sorts of fun shapes out of your mesh!

SnakeHead

- ❖ The following brush is called SnakeHead and it is a very unique brush. It allows you to pull out long extensions like a snake.
- ❖ Be careful when using this brush to 3D print, as it can pull long extensions that are too thin and small to print!

Slash3

- ❖ The next brush is called Slash3 and it gives a very unique indent to your sculpt. If you want to do detailed swirls, this might be the brush for you!

hPolish

- ❖ The last normal brush is called hPolish. This brush allows you to flatten an aspect of your sculpt. This will be very handy for 3D printing your objects, as you'll use it to flatten the bottom of your sculpt to fit flat on the printer bed!
- ❖ **Otherwise, you may need to import your .OBJ sculpt in Blender and build it a flat stand so the base will print flat against the print bed.**

Smooth

- ❖ The next brush is a hidden brush! And yet probably the most important: it's the Smooth brush and it allows you to smooth over any section of mesh.
- ❖ You can access the Smooth brush by holding down the Shift key. You'll notice that your circle cursor will turn yellow to indicate it's using the smoothing mode.

What about the Chisels?

- ❖ You'll notice there are 4 other brushes that aren't covered in this lesson. Those are add-on brushes that will give you certain kinds of mesh to add to your sculpt. They're very specific, like an ear or a horn, that you may or may not use in your sculptures.

- ❖ **When using any Chisel brush, make sure you have your mesh set to High, or they will probably look like mush.**

Sculpt a Dog Pendant

See GamePlan

Exporting and Printing with Zbrush

Exporting from Zbrush

1. Click the printer box icon.
2. Type in a file name in the popup and click Export.

Import into Blender:

1. Close Zbrush Core Mini.
2. Open Blender.
3. Delete the cube in the center of the screen.
4. Click File > Import > Waveform (.obj).
5. Select your dog pendant from your student folder and click Import.

Adding a Loop

1. Scale down your pendant to a manageable size.
2. Navigate to Add > Mesh > Torus.
3. Scale and Move the torus into position above your dog's head.

Export Out

1. Shift + Select your dog head and the torus.
2. Navigate to File > Export > Wavefront (.obj).
3. Type a name for your export and click Export.
4. Print

Module 5

- ❖ **Sand and paint the student's models.**
- ❖ **Clean the printers using the cleaning filament.**
- ❖ **Make sure students save all of their projects to their USB drive!**

Focus today on sanding and painting all the prints the students made this week and then going over how students will clean their printers at home.

Use the cleaning filament with the students and involve them as much as possible in this process while also maintaining excellent safety.

Sanding Tips

Sanding is the process of smoothing or polishing objects using sandpaper. When sanding, you will be causing a lot of dust and particles to be thrown into the air.

You may have had a friend or family member use sanding paper before on projects, or you may be completely new to sanding. It's purpose is to smooth out any areas of the print that may be printed slightly uneven or rough. Or maybe there was an area of your model that you wanted to smooth out, maybe an edge that you forgot to bevel or such.

Painting Tips

Once you have sanded and smoothed the entire model, it's time to paint it! The great thing about sanding the whole model is that you'll smooth it over for a nice clean paint job.